

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

Str.: 1

**BEZML - ŠETRIACA BEZ MLIEČNA 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 388125 Omeleta s hraskom bez mlieka 90g (E:1152kj,B:15g,T:22g,S:4g) (Al:3,12),  
99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (Al:1,12),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
49722 Zemiaky nove varene 330g (E:1059kj,B:7g,T:1g,S:653g),  
52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99337 Jablkova taska (E:832kj,B:2g,T:13g,S:17g)

Večera..... 557115 Spagety po talian. bez mlieka 320g (E:2715kj,B:16g,T:21g,S:100g) (Al:1,3,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 644225 Polievka hráš.so zem.bezmlika 0,33l (E:362kj,B:4g,T:1g,S:15g) (Al:3,12),  
90008 Kuracie stehna dusene (E:955kj,B:42g,T:6g,S:1g),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
99437 Mrkvovy salat s jablkom 150g (E:234kj,B:1g,S:17g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satocka s ovoc. naplnou

Večera..... 49922 Zemiaky bratislavske 390g (E:1578kj,B:9g,T:8g,S:79g) (Al:7,12),  
99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99329 Makovka (E:949kj,B:6g,T:4g,S:42g), 99604 Maslo mini delacreame 40g 40, 99740 Med mini,  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
49722 Zemiaky nove varene 330g (E:1059kj,B:7g,T:1g,S:653g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 548125 Rezance s kakaom bezmliec. 300g (E:2479kj,B:15g,T:7g,S:118g) (Al:1,3),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 649135 Polievka zelerova bez mlieka 0,33l (E:554kj,B:2g,T:10g,S:10g) (Al:1,9),  
604125 Zemlovka jablkova bez mlieka 400g (E:3577kj,B:12g,T:31g,S:138g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99330 Rozok celozmny (E:730kj,B:1g,T:4g,S:26g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

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Obdobie: 12.08.2024 - 18.08.2024

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Večera. .... 269135 Rizoto z brav. masa bezmlieka 350g (E:3250kj,B:24g,T:35g,S:92g) (Al:7,12),  
 ----- 99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63113 Caj pravý s citrónom 0,25l (E:403kj,S:21g)

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99323 Paqac

Večera. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3), 99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12),  
 ----- 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky. .... 99326 Zavin kakaovy 100g, 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. .... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. .... 066115 Polievka drobkova bez mlieka 0,33l (E:826kj,B:12g,T:8g,S:21g) (Al:1,3,7,9,12),  
 13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)

Večera. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99117 Sunka vak. 100g,  
 ----- 99604 Maslo mini delacreame 40g 40, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

Str.: 3

**D-STA - DIABETICKA STRAVA -BEZ MLIEČNA 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63111 Caj pravy 0,25l

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99756 Piskoty DIA 120g (E:1832kj,B:13g,T:5g,S:80g)

Večera..... 388125 Omeleta s hraskom bez mlieka 90g (E:1152kj,B:15g,T:22g,S:4g) (Al:3,12),  
99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99330 Rozok celozrnný (E:730kj,B:1g,T:4g,S:26g), 99604 Maslo mini delacreame 40g 40

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63111 Caj pravy 0,25l

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (Al:1,12),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
49722 Zemiaky nove varene 330g (E:1059kj,B:7g,T:1g,S:653g),  
99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99318 Rites cesnakovy 70g

Večera..... 557115 Spagety po talian. bez mlieka 320g (E:2715kj,B:16g,T:21g,S:100g) (Al:1,3,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63111 Caj pravy 0,25l

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 644225 Polievka hráš.so zem.bezmlika 0,33l (E:362kj,B:4g,T:1g,S:15g) (Al:3,12),  
90008 Kuracie stehna dusene (E:955kj,B:42g,T:6g,S:1g),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
99441 Mrkvovy salat s jablkom DIA 150g (E:199kj,B:1g,S:16g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 49922 Zemiaky bratislavske 390g (E:1578kj,B:9g,T:8g,S:79g) (Al:7,12),  
99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99316 Dalamanka celozrnná, 99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g),  
99604 Maslo mini delacreame 40g 40

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
49722 Zemiaky nove varene 330g (E:1059kj,B:7g,T:1g,S:653g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera..... 904065 Rezance s kakaom DIA bezmlika 300 (E:2105kj,B:15g,T:7g,S:104g) (Al:1,3),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

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Obdobie: 12.08.2024 - 18.08.2024

Str.: 4

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky. . . . . 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 649135 Polievka zelerova bez mlieka 0,33l (E:554kj,B:2g,T:10g,S:10g) (Al:1,9),  
 904005 Zemlovka DIA bezmlieka 370g (E:1100kj,B:2g,T:21g,S:24g) (Al:3),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99330 Rozok celozrnny (E:730kj,B:1g,T:4g,S:26g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera. . . . . 269135 Rizoto z brav. masa bezmlieka 350g (E:3250kj,B:24g,T:35g,S:92g) (Al:7,12),  
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99713 Tuniakovy salat

**\*\*\* Sobota 17.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3),  
 99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99604 Maslo mini delacreame 40g 40

**\*\*\* Nedela 18.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
 99542 Dzem mini dia 20g, 63111 Caj pravy 0,25l

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 066115 Polievka drobkova bez mlieka 0,33l (E:826kj,B:12g,T:8g,S:21g) (Al:1,3,7,9,12),  
 13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99117 Sunka vak. 100g,  
 99604 Maslo mini delacreame 40g 40, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99604 Maslo mini delacreame 40g 40

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

Str.: 5

**DIA-9 - DIABETICKA STRAVA****1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 99703 Kalerabova natierka 55g (E:1107kj,T:29g,S:1g) (Al:7), 63111 Caj pravý 0,25l

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
 25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
 51012 Halusky - príloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99756 Piskoty DIA 120g (E:1832kj,B:13g,T:5g,S:80g)

Večera. . . . . 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12),  
 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99330 Rozok celozrnný (E:730kj,B:1g,T:4g,S:26g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63112 Caj ovocný 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05911 Polievka fazulová kyslá 0,33L (E:847kj,B:9g,T:7g,S:32g) (Al:1,7,12),  
 15424 Hov. rostenka viedenská 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 903027 Zemiaky nové varené s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
 99451 Rajciakový šalát dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99318 Rites cesnakový 70g

Večera. . . . . 55711 Spagety po taliansky 320g (E:3146kj,B:23g,T:29g,S:101g) (Al:1,3,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44611 Syrova natierka jemná 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63111 Caj pravý 0,25l

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
 90002 Kuracie stehna pečené (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
 51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99441 Mrkvový šalát s jablkom DIA 150g (E:199kj,B:1g,S:16g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99738 Perník DIA

Večera. . . . . 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilné 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

II. večera. . . . . 99316 Dalamanka celozrnná, 99107 Salama suchá 50g 50g (E:992kj,B:11g,T:22g,S:1g),  
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63411 Káva z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 04111 Polievka hubová s mrvancami 0,33L (E:691kj,B:4g,T:5g,S:26g) (Al:1,7,12),  
 90216 Masové gul. s ryžou v rajčinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
 50422 Knedle kysnuté 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detská výživa dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 90403 Kapustové fliačky DIA (,s.380g) (E:2847kj,B:14g,T:31g,S:93g) (Al:1,3),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

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## \*\*\* Piatok 16.08.2024 \*\*\*

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1),  
 99717 Sunkova natierka 50g (E:883kj,B:5g,T:21g,S:1g) (Al:7,10,12),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 90737 Polievka kelova s klobasou 0,33L (E:609kj,B:6g,T:9g,S:13g) (Al:1,7,12),  
 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 90400 Zemlovka jablk.s tvar. DIA 370g (E:1676kj,B:15g,T:27g,S:32g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera..... 26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99713 Tuniakovy salat

## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63111 Caj pravý 0,25l

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99323 Paqac

Večera..... 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99630 Syr tavený 35g (E:343kj,B:6g,T:6g) (Al:7)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63522 Mlieko 0,25l (E:485kj,B:8g,T:4g,S:12g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
 90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 99109 Salama sucha vak. 100g (E:1984kj,B:21g,T:43g,S:2g),  
 99630 Syr tavený 35g (E:343kj,B:6g,T:6g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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**DIA-S - DIABETICKA STRAVA-SETRIACA 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 99703 Kalerabova natierka 55g (E:1107kj,T:29g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
 25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99756 Piskoty DIA 120g (E:1832kj,B:13g,T:5g,S:80g)

Večera. . . . . 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12),  
 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99330 Rozok celozrnný (E:730kj,B:1g,T:4g,S:26g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
 99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera. . . . . 55711 Spagety po taliansky 320g (E:3146kj,B:23g,T:29g,S:101g) (Al:1,3,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63111 Caj pravy 0,25l

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
 90002 Kuracie stehna pecene (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99441 Mrkvovy salat s jablkom DIA 150g (E:199kj,B:1g,S:16g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99738 Pernik DIA

Večera. . . . . 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

Il. večera. . . . . 99316 Dalamanka celozrnná, 99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g),  
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
 90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
 50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 90406 Rezance s kakaom DIA 300 (E:2966kj,B:15g,T:30g,S:105g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),

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99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

## \*\*\* Piatok 16.08.2024 \*\*\*

Raňajky. . . . . 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1),  
 99717 Sunkova natierka 50g (E:883kj,B:5g,T:21g,S:1g) (Al:7,10,12),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 64913 Polievka zelerová 0,33l (E:592kj,B:2g,T:11g,S:11g) (Al:1,7,9),  
 90400 Zemlovka jablk.s tvar. DIA 370g (E:1676kj,B:15g,T:27g,S:32g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera. . . . . 26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99713 Tuniakovy salat

## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhoroky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63522 Mlieko 0,25l (E:485kj,B:8g,T:4g,S:12g) (Al:7)

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
 90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99117 Sunka vak. 100g,  
 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia



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**DIA-T - DIABETICKA STRAVA - TEKUTÁ 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)  
 Obed. . . . . 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
 25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
 51012 Halusky - príloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)  
 Večera. . . . . 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Il. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. . . . . 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)  
 Večera. . . . . 90452 Krupicova kasa DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Il. večera. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. . . . . 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
 90002 Kuracie stehna pecene (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)  
 Večera. . . . . 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)  
 Il. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g,  
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)  
 Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)  
 Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
 90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
 50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)  
 Večera. . . . . 90406 Rezance s kakaom DIA 300 (E:2966kj,B:15g,T:30g,S:105g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Il. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky. . . . . 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99542 Dzem mini dia 20g,  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)  
 Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. . . . . 64913 Polievka zelerová 0,33l (E:592kj,B:2g,T:11g,S:11g) (Al:1,7,9),  
 90452 Krupicova kasa DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)  
 Večera. . . . . 26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

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II. večera. . . . . 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g,  
63522 Mlieko 0,25l (E:485kj,B:8g,T:4g,S:12g) (Al:7)

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

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**KASOV - KAŠOVITÁ 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99615 Termix (E:615kj,B:4g,T:4g,S:8g)

Večera..... 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
90002 Kuracie stehna pecene (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99740 Med mini,  
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 54812 Rezance s kakaom 300g (E:3340kj,B:15g,T:30g,S:118g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64913 Polievka zelerová 0,33l (E:592kj,B:2g,T:11g,S:11g) (Al:1,7,9),  
55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 26913 Rizoto z bravcoveho maso 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Obdobie: 12.08.2024 - 18.08.2024

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## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63113 Caj pravý s citrónom 0,25l (E:403kj,S:21g)

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. .... 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky. .... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99541 Dzem mini (Al:12),  
99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)

Desiata. .... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. .... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. .... 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

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**RAC-2 - RACIONALNA STRAVA****1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99703 Kalerabova natierka 55g (E:1107kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
 25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99615 Termix (E:615kj,B:4g,T:4g,S:8g)

Večera..... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12),  
 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 05911 Polievka fazulova kysla 0,33L (E:847kj,B:9g,T:7g,S:32g) (Al:1,7,12),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99337 Jablkova taska (E:832kj,B:2g,T:13g,S:17g)

Večera..... 55711 Spagety po taliansky 320g (E:3146kj,B:23g,T:29g,S:101g) (Al:1,3,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
 90002 Kuracie stehna pecene (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99437 Mrkvovy salat s jablkom 150g (E:234kj,B:1g,S:17g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satocka s ovoc. naplnou

Večera..... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99329 Makovka (E:949kj,B:6g,T:4g,S:42g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7), 99740 Med mini,  
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 04111 Polievka hubova s mrvancami 0,33L (E:691kj,B:4g,T:5g,S:26g) (Al:1,7,12),  
 90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
 50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 55112 Kapustove fliacky 350g (E:2793kj,B:15g,T:31g,S:87g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky..... 99319 Kaiserka natural 2ks 100g (E:984kj,B:7g,T:2g,S:48g),  
 99717 Sunkova natierka 50g (E:883kj,B:5g,T:21g,S:1g) (Al:7,10,12),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 90737 Polievka kelova s klobasou 0,33L (E:609kj,B:6g,T:9g,S:13g) (Al:1,7,12),  
 99301 Chlieb 2ks 80g (E:1042kj,B:1g,T:1g,S:52g) (Al:1),

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	60612 Zemlovka jablkova s tvarohom 370g (E:3508kj,B:23g,T:33g,S:115g) (Al:1,3,7),
	63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)
Večera. ....	26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),
	99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
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<b>*** Sobota 17.08.2024 ***</b>	
Raňajky. ....	99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
	99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63113 Caj pravy s citronom 0,25l (E:403kj,S:21g)
Desiata. ....	99506 Jablko (E:322kj,B:1g,T:1g,S:24g)
Obed. ....	04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),
	90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),
	51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12),
	63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99323 Pagac
Večera. ....	90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),
	63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
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<b>*** Nedela 18.08.2024 ***</b>	
Raňajky. ....	99326 Zavin kakaovy 100g, 99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)
Desiata. ....	99507 Hruska (E:368kj,B:1g,T:1g,S:19g)
Obed. ....	06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),
	13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),
	90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),
	63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)
Večera. ....	99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),
	99109 Salama sucha vak. 100g (E:1984kj,B:21g,T:43g,S:2g),
	99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
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Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 12.08.2024 - 18.08.2024

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**SETR - ŠETRIACA 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99703 Kalerabova natierka 55g (E:1107kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
 25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99615 Termix (E:615kj,B:4g,T:4g,S:8g)

Večera..... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12),  
 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44621 Drozdova natierka 35g (E:617kj,B:9g,T:10g,S:7g) (Al:1,3,7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99337 Jablkova taska (E:832kj,B:2g,T:13g,S:17g)

Večera..... 55711 Spagety po taliansky 320g (E:3146kj,B:23g,T:29g,S:101g) (Al:1,3,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
 90002 Kuracie stehna pecene (E:1362kj,B:42g,T:17g,S:1g) (Al:7),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99437 Mrkvovy salat s jablkom 150g (E:234kj,B:1g,S:17g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satocka s ovoc. naplnou

Večera..... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99740 Med mini, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
 90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
 50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 54812 Rezance s kakaom 300g (E:3340kj,B:15g,T:30g,S:118g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99717 Sunkova natierka 50g (E:883kj,B:5g,T:21g,S:1g) (Al:7,10,12),  
 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64913 Polievka zelerová 0,33l (E:592kj,B:2g,T:11g,S:11g) (Al:1,7,9),  
 60612 Zemlovka jablkova s tvarohom 370g (E:3508kj,B:23g,T:33g,S:115g) (Al:1,3,7),

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Obdobie: 12.08.2024 - 18.08.2024

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63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)  
 Večera. .... 26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
 ----- 99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
 Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. .... 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99323 Pagac  
 Večera. .... 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),  
 ----- 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky. .... 99326 Zavin kakaovy 100g, 99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)  
 Desiata. .... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)  
 Obed. .... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
 90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  
 Večera. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99117 Sunka vak. 100g,  
 ----- 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

Vyhotovil:Kaštílová

Schválila:Stravovacia komisia



## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

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**TEKUT - TEKUTA STRAVA 1 - 1 r.****\*\*\* Pondelok 12.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05521 Polievka zemiaková s paprikou 0,33L (E:568kj,B:3g,T:5g,S:22g) (Al:1,7,12),  
25314 Bravcove maso na smotane 214g(m.64g) (E:1511kj,B:19g,T:26g,S:16g) (Al:1,7,9,10,12),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99615 Termix (E:615kj,B:4g,T:4g,S:8g)

Večera..... 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 13.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
903027 Zemiaky nove varene s vnatkou 330g (E:1385kj,B:7g,T:9g,S:654g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 14.08.2024 \*\*\***

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64422 Polievka hrášková so zemiakmi 0,33l (E:616kj,B:6g,T:6g,S:17g) (Al:3,7,12),  
90008 Kuracie stehna dusene (E:955kj,B:42g,T:6g,S:1g),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

**\*\*\* Stvrtok 15.08.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99740 Med mini,  
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12),  
90216 Masove gul. s ryzou v rajcinov 340g(m.140g,s.200g) (E:1951kj,B:18g,T:22g,S:49g) (Al:1,3,7,12),  
50422 Knedle kysnute 200g (E:2374kj,B:15g,T:15g,S:94g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 54812 Rezance s kakaom 300g (E:3340kj,B:15g,T:30g,S:118g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 16.08.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64913 Polievka zelerová 0,33l (E:592kj,B:2g,T:11g,S:11g) (Al:1,7,9),  
55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 26913 Rizoto z bravcoveho masa 350g(m.65g) (E:3465kj,B:28g,T:39g,S:92g) (Al:7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 12.08.2024 - 18.08.2024

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## \*\*\* Sobota 17.08.2024 \*\*\*

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63113 Caj pravý s citrónom 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 04621 Polievka krupkova 0,33L (E:436kj,B:2g,T:5g,S:13g) (Al:1,7,9,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 18.08.2024 \*\*\*

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99541 Dzem mini (Al:12),  
99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
13614 Hov. pecienka znojemska 183g(m.63g) (E:1018kj,B:23g,T:13g,S:9g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

Stravovacia komisia: Černoková□  
Hejbalová□  
Kubrická□  
Šimovcová□  
Kaštilová□

□