

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 1

**BEZML - ŠETRIACA BEZ MLIEČNA 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 048115 Polievka z ovs. vloc. bez mlie 0,33l (E:402kj,B:2g,T:6g,S:10g) (Al:1,7,9),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
39423 Volske oko 2 ks 80g (E:863kj,B:13g,T:17g,S:1g) (Al:3),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 901995 Polievka sampionova so zemiak. 0,33l (E:369kj,B:3g,S:20g) (Al:1,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
52623 Uhorkovy salat 160g (E:241kj,B:1g,S:14g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera..... 902725 Bratis. rizoto zel. bezmlieka 300g (E:2335kj,B:18g,T:12g,S:98g) (Al:1,3,9,12),  
99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99604 Maslo mini delacreame 40g 40,  
99541 Dzem mini (Al:12), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 90258 Rezance s dzemom 300g (E:2196kj,B:13g,T:5g,S:364g) (Al:1,3,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99408 Mrkva 30 (E:21kj,S:2g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99510 Nektarinka

Obed..... 066115 Polievka drobkova bez mlieka 0,33l (E:826kj,B:12g,T:8g,S:21g) (Al:1,3,7,9,12),  
90082 Treska dusena 150g (E:553kj,B:22g,T:1g,S:9g) (Al:1,4),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satocka s ovoc. naplnou

Večera..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3), 99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 647125 Polievka karot. s ryz.bez mlie 0,33l, (E:328kj,B:2g,S:18g) (Al:1),

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 2

90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99757 Keks Indian  
 Večera. .... 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99604 Maslo mini delacreame 40g 40,  
 99408 Mrkva 30 (E:21kj,S:2g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
 Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. .... 902005 Polievka brokolic. bez mlieka 0,33l (E:425kj,B:3g,T:2g,S:20g) (Al:1,12),  
 26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99335 Croissant cokoladovy  
 Večera. .... 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
 458225 Karotka dusena bez mlieka 220g (E:459kj,B:2g,T:7g,S:16g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)  
 Desiata. .... 99511 Broskyna (E:285kj,B:1g,S:18g)  
 Obed. .... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  
 Večera. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99124 Sunkovy narez,  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 3

**D-STA - DIABETICKA STRAVA -BEZ MLIEČNA 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63111 Caj pravy 0,25l

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 048115 Polievka z ovs. vloc. bez mlie 0,33l (E:402kj,B:2g,T:6g,S:10g) (Al:1,7,9),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99738 Pernik DIA

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
39423 Volske oko 2 ks 80g (E:863kj,B:13g,T:17g,S:1g) (Al:3),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradaiky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 901995 Polievka sampionova so zemiak. 0,33l (E:369kj,B:3g,S:20g) (Al:1,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
99442 Uhorkovy salat DIA 160g (E:101kj,B:1g,S:7g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera. . . . . 902725 Bratis. rizoto zel. bezmlieka 300g (E:2335kj,B:18g,T:12g,S:98g) (Al:1,3,9,12),  
99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99604 Maslo mini delacreame 40g 40

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 90415 Rezance s dzemom DIA 300g (E:1891kj,B:13g,T:5g,S:99g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99604 Maslo mini delacreame 40g 40,  
99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99408 Mrkva 30 (E:21kj,S:2g), 63111 Caj pravy 0,25l

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 066115 Polievka drobkova bez mlieka 0,33l (E:826kj,B:12g,T:8g,S:21g) (Al:1,3,7,9,12),  
90082 Treska dusena 150g (E:553kj,B:22g,T:1g,S:9g) (Al:1,4),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Paqac

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3),  
99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1), 99604 Maslo mini delacreame 40g 40

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 4

## \*\*\* Piatok 06.09.2024 \*\*\*

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63111 Caj pravy 0,25l

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 647125 Polievka karot. s ryz.bez mlie 0,33l (E:328kj,B:2g,S:18g) (Al:1),  
90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99604 Maslo mini delacreame 40g 40

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99408 Mrkva 30 (E:21kj,S:2g), 63111 Caj pravy 0,25l

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 902005 Polievka brokolic. bez mlieka 0,33l (E:425kj,B:3g,T:2g,S:20g) (Al:1,12),  
26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
458225 Karotka dusena bez mlieka 220g (E:459kj,B:2g,T:7g,S:16g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99604 Maslo mini delacreame 40g 40,  
99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99511 Broskyňa (E:285kj,B:1g,S:18g)

Obed..... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 99439 Cvikla DIA (E:197kj,B:1g,S:10g),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99124 Sunkovy narez,  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),  
99604 Maslo mini delacreame 40g 40

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 5

**DIA-9 - DIABETICKA STRAVA****1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),  
 63111 Caj pravý 0,25l

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 04811 Polievka z ovsených vločiek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
 90204 Bravcové maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
 51012 Halusky - príloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99738 Pernik DIA

Večera. . . . . 90402 Ryzový nakyp DIA (E:2931kj,B:19g,T:29g,S:94g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63111 Caj pravý 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90199 Polievka šampiónová krémová 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 90302 Zemiaky varené s vlnkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 99442 Uhorkový šalát DIA 160g (E:101kj,B:1g,S:7g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

Večera. . . . . 90272 Bratislav. rizoto zeleninové 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Džem mini dia 20g, 63411 Káva z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 06323 Polievka sosovic. so zemiakmi 0,35L (E:1255kj,B:12g,T:12g,S:42g) (Al:1,7,12),  
 90101 Morčacie prsia na šampiónoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
 51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 99451 Rajčiakový šalát dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detská výživa dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 90501 Cestoviny so syrovo-nívov. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
 99107 Saláma suchá 50g 50g (E:992kj,B:11g,T:22g,S:1g)

**\*\*\* Štvrtok 05.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
 44411 Bryndzová natierka 50g (E:683kj,B:8g,T:14g,S:1g) (Al:7), 63111 Caj pravý 0,25l

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 06611 Polievka drobková 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 12112 Treska vyprážaná 150g (E:2372kj,B:27g,T:38g,S:31g) (Al:1,3,4,7),  
 49712 Zemiaky varené 330g (E:1334kj,B:8g,T:1g,S:83g),  
 99761 Tatarská omáčka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pačac

Večera. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3),  
 99760 Horčica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 6

## \*\*\* Piatok 06.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63111 Caj pravy 0,25l

Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)

Obed. .... 06511 Polievka borsc 0,35L(m.40g) (E:754kj,B:14g,T:11g,S:8g) (Al:7,9,12),  
 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g),  
 90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera. .... 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7) -----

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99408 Mrkva 30 (E:21kj,S:2g),  
 63111 Caj pravy 0,25l

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),  
 26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99738 Pernik DIA

Večera. .... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

Il. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g) -----

## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. .... 99511 Broskyňa (E:285kj,B:1g,S:18g)

Obed. .... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),  
 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),  
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7) -----

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

**DIA-S - DIABETICKA STRAVA-SETRIACA 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),  
63111 Caj pravý 0,25l

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 04811 Polievka z ovsených vločiek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - príloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 90402 Ryzový nakyp DIA (E:2931kj,B:19g,T:29g,S:94g) (Al:3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g) -----

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
63111 Caj pravý 0,25l

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 90199 Polievka šampiónova krémová 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
90302 Zemiaky varené s vlnkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

Večera..... 90272 Bratislav. rizoto zeleninové 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7) -----

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
99542 Džem mini dia 20g, 63411 Káva z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 05011 Polievka rascová s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
90101 Morčacie prsia na šampiónoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
99451 Rajčiakový šalát dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99551 Detská výživa dia (E:1670kj,B:4g,T:3g,S:117g)

Večera..... 90501 Cestoviny so syrovo-nívo. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
99107 Salama suchá 50g 50g (E:992kj,B:11g,T:22g,S:1g) -----

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g),  
44411 Bryndzová natierka 50g (E:683kj,B:8g,T:14g,S:1g) (Al:7), 63111 Caj pravý 0,25l

Desiata..... 99510 Nektarinka

Obed..... 06611 Polievka drobková 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
90083 Treska pečená 150g (E:2372kj,B:27g,T:38g,S:31g) (Al:1,3,4,7),  
49712 Zemiaky varené 330g (E:1334kj,B:8g,T:1g,S:83g),  
99761 Tatarská omáčka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99323 Pačac

Večera..... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3),  
99760 Horčica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g) -----

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 8

## \*\*\* Piatok 06.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63111 Caj pravy 0,25l

Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)

Obed. .... 64712 Polievka karotková s ryžou 0,33l (E:644kj,B:4g,T:7g,S:21g) (Al:1,7),  
 90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera. .... 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7) -----

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99408 Mrkva 30 (E:21kj,S:2g),  
 63111 Caj pravy 0,25l

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),  
 26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99738 Pernik DIA

Večera. .... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

II. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g) -----

## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. .... 99511 Broskyňa (E:285kj,B:1g,S:18g)

Obed. .... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
 49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),  
 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. .... 99303 Chlieb tmavý 2ks 75g (E:836kj,B:7g,T:1g,S:39g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),  
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7) -----

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia



**DIA-T - DIABETICKA STRAVA - TEKUTÁ 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)  
 Obed. . . . . 04811 Polievka z ovsených vločiek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
 90204 Bravcové maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
 51012 Halusky - príloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99738 Pernik DIA  
 Večera. . . . . 90402 Ryzový nakyp DIA (E:2931kj,B:19g,T:29g,S:94g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 II. večera. . . . . 99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. . . . . 90199 Polievka šampiónová krémová 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 90302 Zemiaky varené s vlnkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)  
 Večera. . . . . 90272 Bratislav. rizoto zeleninové 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 II. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g,  
 63411 Kava z kávy - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)  
 Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. . . . . 05011 Polievka rascová s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
 90101 Morcacie prsia na šampiónoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
 51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99551 Detská výživa dia (E:1670kj,B:4g,T:3g,S:117g)  
 Večera. . . . . 90501 Cestoviny so syrovo-nívo. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 II. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Štvrtok 05.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99510 Nektárika  
 Obed. . . . . 06611 Polievka drobková 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 90082 Treska dusená 150g (E:553kj,B:22g,T:1g,S:9g) (Al:1,4),  
 49712 Zemiaky varené 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)  
 Večera. . . . . 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 II. večera. . . . . 99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
 Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. . . . . 64712 Polievka karotková s ryžou 0,33l (E:644kj,B:4g,T:7g,S:21g) (Al:1,7),  
 90016 Kuracie prsia na horčici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
 51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. . . . . 99611 Jogurt dia (E:200kj,B:3g,S:8g)  
 Večera. . . . . 55022 Granátový pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 II. večera. . . . . 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 10

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l  
Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
Obed. .... 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),  
26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
Olovrant. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)  
Večera. .... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)  
II. večera. .... 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 3ks 110g (E:1130kj,B:9g,T:1g,S:53g), 99542 Dzem mini dia 20g,  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)  
Desiata. .... 99511 Broskyna (E:285kj,B:1g,S:18g)  
Obed. .... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
Olovrant. .... 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)  
Večera. .... 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
II. večera. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 11

**KASOV - KAŠOVITÁ 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 04811 Polievka z ovsenych vloziek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 60112 Ryzovy nakyp so slivkami 360g (E:3718kj,B:19g,T:29g,S:136g) (Al:3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 90199 Polievka sampionova kremova 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera..... 90272 Bratislav. rizoto zeleninove 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99541 Dzem mini (Al:12),  
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 90501 Cestoviny so syrovo-nivov. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99510 Nektarinka

Obed..... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
90082 Treska dusena 150g (E:553kj,B:22g,T:1g,S:9g) (Al:1,4),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64712 Polievka karotkova s ryzou 0,33l (E:644kj,B:4g,T:7g,S:21g) (Al:1,7),  
90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 55022 Granatiarsky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),

**\* 320 J E D A L N Y L I S T O K \***

Obdobie: 02.09.2024 - 08.09.2024

Str.: 12

63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Sobota 07.09.2024 \*\*\***

Raňajky. . . . . 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),

63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),

26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),

51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99520 Kompot 150g (Al:12),

63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99748 Keks Marina 0,1

Večera. . . . . 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),

99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

**\*\*\* Nedela 08.09.2024 \*\*\***

Raňajky. . . . . 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99511 Broskyna (E:285kj,B:1g,S:18g)

Obed. . . . . 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),

15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),

49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),

63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 13

**RAC-2 - RACIONALNA STRAVA****1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),  
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 04811 Polievka z ovsenych vloziek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
 90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 60112 Ryzovy nakyp so slivkami 360g (E:3718kj,B:19g,T:29g,S:136g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 90199 Polievka sampionova kremova 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 52623 Uhorkovy salat 160g (E:241kj,B:1g,S:14g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera..... 90272 Bratislav. rizoto zeleninove 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
 99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky..... 99320 Vianočka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99541 Dzem mini (Al:12), 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 06323 Polievka sosovic. so zemiakmi 0,35L (E:1255kj,B:12g,T:12g,S:42g) (Al:1,7,12),  
 90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 90501 Cestoviny so syrovo-nivov. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44411 Bryndzova natierka 50g (E:683kj,B:8g,T:14g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99510 Nektarinka

Obed..... 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 12112 Treska vyprazana 150g (E:2372kj,B:27g,T:38g,S:31g) (Al:1,3,4,7),  
 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satočka s ovoc. naplnou

Večera..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3), 99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 06511 Polievka borsc 0,35L(m.40g) (E:754kj,B:14g,T:11g,S:8g) (Al:7,9,12),

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 14

|                                  |  |
|----------------------------------|--|
|                                  | 99301 Chlieb 2ks 80g (E:1042kj,B:1g,T:1g,S:52g) (Al:1),  |
|                                  | 58311 Parene buchty s lekvar.a mak. 315g (E:6229kj,B:28g,T:61g,S:212g) (Al:1,3,7,12),                    |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| Olovrant. ....                   | 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)   |
| Večera. ....                     | 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),                                  |
|                                  | 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)                       |
| -----                            |  |
| <b>*** Sobota 07.09.2024 ***</b> |  |
| Raňajky. ....                    | 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),    |
|                                  | 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99408 Mrkva 30 (E:21kj,S:2g),           |
|                                  | 63112 Caj ovocny 0,25l (E:403kj,S:21g)   |
| Desiata. ....                    | 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)   |
| Obed. ....                       | 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),                                  |
|                                  | 26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),                           |
|                                  | 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12), |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| Olovrant. ....                   | 99335 Croissant cokoladovy   |
| Večera. ....                     | 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),                                     |
|                                  | 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)   |
| -----                            |  |
| <b>*** Nedela 08.09.2024 ***</b> |  |
| Raňajky. ....                    | 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)   |
| Desiata. ....                    | 99511 Broskyna (E:285kj,B:1g,S:18g)  |
| Obed. ....                       | 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),   |
|                                  | 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),                       |
|                                  | 49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),                                    |
|                                  | 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)       |
| Olovrant. ....                   | 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  |
| Večera. ....                     | 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),   |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| -----                            |  |

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 15

**SETR - ŠETRIACA 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44611 Syrova natierka jemna 40g (E:748kj,B:4g,T:18g,S:1g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),  
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed..... 04811 Polievka z ovsenych vloziek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
 90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 60112 Ryzovy nakyp so slivkami 360g (E:3718kj,B:19g,T:29g,S:136g) (Al:3,7),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99562 Paradajky cherry 5 ks (E:3023kj,B:45g,T:11g,S:189g),  
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 90199 Polievka sampionova kremova 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
 90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
 90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),  
 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera..... 90272 Bratislav. rizoto zeleninove 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
 99520 Kompot 150g (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky..... 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99541 Dzem mini (Al:12), 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
 90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 90501 Cestoviny so syrovo-nivov. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 44411 Bryndzova natierka 50g (E:683kj,B:8g,T:14g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99510 Nektarinka

Obed..... 06611 Polievka drobкова 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
 90083 Treska pecena 150g (E:2372kj,B:27g,T:38g,S:31g) (Al:1,3,4,7),  
 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),  
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99345 Satocka s ovoc. naplnou

Večera..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1),  
 99110 Parky (E:1107kj,B:17g,T:22g,S:1g) (Al:1,3), 99760 Horcica 20g (E:107kj,B:1g,T:1g,S:3g) (Al:10,12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky..... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),  
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 64712 Polievka karotková s ryžou 0,33l (E:644kj,B:4g,T:7g,S:21g) (Al:1,7),

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 16

|                                  |  |
|----------------------------------|--|
|                                  | 58311 Parene buchty s lekvar.a mak. 315g (E:6229kj,B:28g,T:61g,S:212g) (Al:1,3,7,12),                    |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| Olovrant. ....                   | 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)   |
| Večera. ....                     | 55022 Granatiersky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),                                  |
|                                  | 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)                       |
| -----                            |  |
| <b>*** Sobota 07.09.2024 ***</b> |  |
| Raňajky. ....                    | 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),    |
|                                  | 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99408 Mrkva 30 (E:21kj,S:2g),           |
|                                  | 63112 Caj ovocny 0,25l (E:403kj,S:21g)   |
| Desiata. ....                    | 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)   |
| Obed. ....                       | 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),                                  |
|                                  | 26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),                           |
|                                  | 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj) (Al:12), |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| Olovrant. ....                   | 99335 Croissant cokoladovy   |
| Večera. ....                     | 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),                                     |
|                                  | 99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)   |
| -----                            |  |
| <b>*** Nedela 08.09.2024 ***</b> |  |
| Raňajky. ....                    | 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)   |
| Desiata. ....                    | 99511 Broskyna (E:285kj,B:1g,S:18g)  |
| Obed. ....                       | 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),   |
|                                  | 15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),                       |
|                                  | 49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),                                    |
|                                  | 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)       |
| Olovrant. ....                   | 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  |
| Večera. ....                     | 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),   |
|                                  | 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  |
| -----                            |  |

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia



## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 17

**TEKUT - TEKUTA STRAVA 1 - 1 r.****\*\*\* Pondelok 02.09.2024 \*\*\***

Raňajky. . . . . 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99507 Hruska (E:368kj,B:1g,T:1g,S:19g)

Obed. . . . . 04811 Polievka z ovsenych vloziek 0,33L (E:441kj,B:3g,T:6g,S:11g) (Al:1,7,9),  
90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 60112 Ryzovy nakyp so slivkami 360g (E:3718kj,B:19g,T:29g,S:136g) (Al:3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 03.09.2024 \*\*\***

Raňajky. . . . . 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90199 Polievka sampionova kremova 0,33l (E:530kj,B:4g,T:4g,S:17g) (Al:1,7,12),  
90009 Kuracie prsia na rasci (m.64g) (E:1094kj,B:30g,T:13g,S:5g) (Al:1),  
90302 Zemiaky varene s vnatkou 330g (E:1660kj,B:9g,T:9g,S:84g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera. . . . . 90272 Bratislav. rizoto zeleninove 300g (E:2534kj,B:23g,T:15g,S:98g) (Al:1,3,9,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 04.09.2024 \*\*\***

Raňajky. . . . . 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99541 Dzem mini (Al:12),  
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12),  
90101 Morcacie prsia na sampionoch 120g(m.64g) (E:1062kj,B:23g,T:15g,S:7g) (Al:1,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 90501 Cestoviny so syrovo-nivov. om. 320g (E:1336kj,B:9g,T:27g,S:10g) (Al:1,7,12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 05.09.2024 \*\*\***

Raňajky. . . . . 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 06611 Polievka drobkova 0,33L(m.20g) (E:884kj,B:13g,T:8g,S:22g) (Al:1,3,7,9,12),  
90082 Treska dusena 150g (E:553kj,B:22g,T:1g,S:9g) (Al:1,4),  
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99748 Keks Marina 0,1

Večera. . . . . 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 06.09.2024 \*\*\***

Raňajky. . . . . 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99740 Med mini,  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99502 Banan (E:476kj,B:2g,S:25g)

Obed. . . . . 64712 Polievka karotkova s ryzou 0,33l (E:644kj,B:4g,T:7g,S:21g) (Al:1,7),  
90016 Kuracie prsia na horcici 171g(m.60g) (E:1040kj,B:31g,T:12g,S:6g) (Al:1,10,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. . . . . 55022 Granatiarsky pochod 360g (E:2379kj,B:16g,T:16g,S:95g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 02.09.2024 - 08.09.2024

Str.: 18

## \*\*\* Sobota 07.09.2024 \*\*\*

Raňajky. .... 99302 Chlieb 3ks 120g (E:1476kj,B:1g,T:2g,S:73g) (Al:1), 99541 Dzem mini (Al:12),  
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 90200 Polievka brokolicova 0,33l (E:599kj,B:5g,T:5g,S:23g) (Al:1,7,12),  
26414 Bravcove maso na rasci 214g(m.64g) (E:1311kj,B:16g,T:25g,S:6g) (Al:1,7),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99748 Keks Marina 0,1

Večera. .... 48812 Zemiaky s tvarohom 390g (E:2734kj,B:15g,T:31g,S:94g) (Al:7,9),  
99600 Mlieko acidofilne 0,25l (E:683kj,B:9g,T:9g,S:12g) (Al:7)

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## \*\*\* Nedela 08.09.2024 \*\*\*

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. .... 99511 Broskyna (E:285kj,B:1g,S:18g)

Obed. .... 90734 Morcacia polievka 0,33l (E:255kj,B:2g,S:13g) (Al:1,3,9),  
15424 Hov. rostenka viedenska 155g(m.75g) (E:1157kj,B:21g,T:20g,S:4g) (Al:1,7,12),  
49822 Zemiakova kasa [pyre] 210g (E:1714kj,B:10g,T:10g,S:84g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. .... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. .... 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

Stravovacia komisia: Černoková   
Hejbalová   
Kubrická   
Šimovcová   
Kaštilová