

* 320 J E D A L N Y L I S T O K *

Obdobie: 01.09.2025 - 07.09.2025

Str.: 1

BEZML - ŠETRIACA BEZ MLIEČNA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (Al:1,12),
25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99335 Croissant cokoladovy

Večera..... 90726 Brokolica varena 230g (E:150kj,B:5g,S:8g), 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99718 Trescia pecen 55g 55g (E:142kj,T:4g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99739 Piskoty dlhe

Večera..... 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99434 Uhorky ster. (E:71kj) (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99541 Dzem mini (Al:12), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99501 Ovocie

Obed..... 03821 Cesnakova pol. s opr. chlebom 0,33L (E:765kj,B:1g,T:10g,S:21g) (Al:1,12),
90106 Morcacie na zelenine (m.64g) (E:639kj,B:21g,T:6g,S:3g) (Al:1,9),
50712 Cestovina priemyselna-kolienka 225g (E:1520kj,B:12g,T:4g,S:71g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera..... 903035 Zemiaky svajciarske bezmlieka 350g (E:1916kj,B:12g,T:13g,S:88g) (Al:1,3),
99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 052115 Polievka spenatova bez mlieka 0,33l (E:248kj,B:1g,T:3g,S:6g) (Al:1,12),
90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 55022 Granatiarsky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
902555 Sulance so str. bezmlieka 330g (E:3265kj,B:6g,T:50g,S:76g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Obdobie: 01.09.2025 - 07.09.2025

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Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 ----- 99704 Sardinky v rajcinach (E:760kj,B:14g,T:13g,S:3g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

***** Sobota 06.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
 99408 Mrkva 30 (E:21kj,S:2g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)
 Desiata. 99501 Ovocie
 Obed. 907335 Polievka portugalska bezmlieka 0,33l (E:507kj,B:2g,T:6g,S:16g) (Al:1,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)
 Večera. 462115 Karotka s hraskom bez mlieka 180g (E:555kj,B:4g,T:5g,S:19g) (Al:1,12),
 ----- 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

***** Nedela 07.09.2025 *****

Raňajky. 99320 Vianočka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99604 Maslo mini delacreame 40g 40,
 99740 Med mini, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)
 Desiata. 99501 Ovocie
 Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99520 Kompot 150g (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 ----- 99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12) -----

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 01.09.2025 - 07.09.2025

Str.: 3

BML-T - KAŠOVITÁ BEZ MLIEČNA**1 - 1 r.******* Pondelok 01.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (Al:1,12),
25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 95107 Smotana 14% bez laktozy

Večera..... 902835 Brokolicove pyre bez mlieka 300g (E:528kj,B:6g,S:32g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 90258 Rezance s dzemom 300g (E:2196kj,B:13g,T:5g,S:364g) (Al:1,3,12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata..... 99501 Ovocie

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
90106 Morcacie na zelenine (m.64g) (E:639kj,B:21g,T:6g,S:3g) (Al:1,9),
50712 Cestovina priemyselna-kolienka 225g (E:1520kj,B:12g,T:4g,S:71g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 902815 Mrkvove pyre bez mlieka 300g (E:637kj,B:4g,T:1g,S:42g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 052115 Polievka spenatova bez mlieka 0,33l (E:248kj,B:1g,T:3g,S:6g) (Al:1,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
902555 Sulance so str. bezmlieka 330g (E:3265kj,B:6g,T:50g,S:76g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 95107 Smotana 14% bez laktozy

Večera..... 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Obdobie: 01.09.2025 - 07.09.2025

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*** Sobota 06.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 907335 Polievka portugalska bezmlieka 0,33l (E:507kj,B:2g,T:6g,S:16g) (Al:1,9,12),
17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 902845 Zeleninove pyre bezmlieka 300g (E:638kj,B:4g,T:5g,S:29g) (Al:9),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L,(p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 01.09.2025 - 07.09.2025

Str.: 5

D-KBM - DIABET - KAŠOV. BEZMLIEČNA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (AI:1,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (AI:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (AI:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 Olovrant. 95107 Smotana 14% bez laktozy
 Večera. 902835 Brokolicove pyre bez mlieka 300g (E:528kj,B:6g,S:32g),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 II. večera. 95102 Mlieko bezlak. 250ml 0,25l

***** Utorok 02.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (AI:9,12),
 90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (AI:1),
 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 Olovrant. 95103 Jogurt bez laktozy
 Večera. 90415 Rezance s dzemom DIA 300g (E:1891kj,B:13g,T:5g,S:99g) (AI:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 II. večera. 95102 Mlieko bezlak. 250ml 0,25l

***** Streda 03.09.2025 *****

Raňajky. 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (AI:1), 99542 Dzem mini dia 20g,
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)
 Desiata. 99501 Ovocie
 Obed. 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (AI:1,3,12),
 90106 Morcacie na zelenine (m.64g) (E:639kj,B:21g,T:6g,S:3g) (AI:1,9),
 50712 Cestovina priemyselna-kolienka 225g (E:1520kj,B:12g,T:4g,S:71g),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 902815 Mrkvove pyre bez mlieka 300g (E:637kj,B:4g,T:1g,S:42g),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 II. večera. 95102 Mlieko bezlak. 250ml 0,25l

***** Stvrtok 04.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 052115 Polievka spenatova bez mlieka 0,33l (E:248kj,B:1g,T:3g,S:6g) (AI:1,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (AI:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 Olovrant. 99756 Piskoty DIA 120g (E:1832kj,B:13g,T:5g,S:80g)
 Večera. 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (AI:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 II. večera. 95103 Jogurt bez laktozy

***** Piatok 05.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (AI:1,12),
 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 904135 Sulance so str. DIA bezmlieka 330g (E:2855kj,B:6g,T:50g,S:56g) (AI:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 Olovrant. 95107 Smotana 14% bez laktozy
 Večera. 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)
 II. večera. 95102 Mlieko bezlak. 250ml 0,25l

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Obdobie: 01.09.2025 - 07.09.2025

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*** Sobota 06.09.2025 ***

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 907335 Polievka portugalska bezmliieka 0,33l (E:507kj,B:2g,T:6g,S:16g) (Al:1,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 902845 Zeleninove pyre bezmliieka 300g (E:638kj,B:4g,T:5g,S:29g) (Al:9),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 II. večera. 95107 Smotana 14% bez laktozy

*** Nedela 07.09.2025 ***

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g,
 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)
 Desiata. 99501 Ovocie
 Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 II. večera. 95103 Jogurt bez laktozy

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 01.09.2025 - 07.09.2025

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D-STA - DIABETICKA STRAVA -BEZ MLIEČNA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 052215 Polievka z tekvice bez mlieka 0,33l (E:470kj,B:2g,T:5g,S:12g) (Al:1,12),
25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99323 Pagac

Večera. 90726 Brokolica varena 230g (E:150kj,B:5g,S:8g), 49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99604 Maslo mini delacreame 40g 40

***** Utorok 02.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99718 Trescia pecen 55g 55g (E:142kj,T:4g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99756 Piskoty DIA 120g (E:1832kj,B:13g,T:5g,S:80g)

Večera. 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99433 Uhorky ster. DIA (E:26kj,S:1g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

***** Streda 03.09.2025 *****

Raňajky. 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. 99501 Ovocie

Obed. 03821 Cesnakova pol. s opr. chlebom 0,33L (E:765kj,B:1g,T:10g,S:21g) (Al:1,12),
90106 Morcacie na zelenine (m.64g) (E:639kj,B:21g,T:6g,S:3g) (Al:1,9),
50712 Cestovina priemyselna-kolienka 225g (E:1520kj,B:12g,T:4g,S:71g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. 903035 Zemiaky svajciarske bezmlieka 350g (E:1916kj,B:12g,T:13g,S:88g) (Al:1,3),
99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99604 Maslo mini delacreame 40g 40

***** Stvrtok 04.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 052115 Polievka spenatova bez mlieka 0,33l (E:248kj,B:1g,T:3g,S:6g) (Al:1,12),
90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99738 Pernik DIA

Večera. 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99604 Maslo mini delacreame 40g 40

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***** Piatok 05.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
904135 Sulance so str. DIA bezmlika 330g (E:2855kj,B:6g,T:50g,S:56g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
99704 Sardinky v rajcinach (E:760kj,B:14g,T:13g,S:3g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),
99604 Maslo mini delacreame 40g 40

***** Sobota 06.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99408 Mrkva 30 (E:21kj,S:2g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 907335 Polievka portugalska bezmlika 0,33l (E:507kj,B:2g,T:6g,S:16g) (Al:1,9,12),
17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99433 Uhorky ster. DIA (E:26kj,S:1g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. 462115 Karotka s hraskom bez mlika 180g (E:555kj,B:4g,T:5g,S:19g) (Al:1,12),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99604 Maslo mini delacreame 40g 40,
99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g)

***** Nedela 07.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 40g 40,
99542 Dzem mini dia 20g, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99118 Salama parizer 50g,
99604 Maslo mini delacreame 40g 40

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 01.09.2025 - 07.09.2025

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DIA-9 - DIABETICKA STRAVA**1 - 1 r.******* Pondelok 01.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99709 Natierka z nivy (.s.45g) (E:933kj,B:5g,T:22g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),
 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99323 Pagac

Večera..... 90401 Palacinky DIA 350g (E:3331kj,B:20g,T:32g,S:121g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7)

***** Utorok 02.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99705 Natierka z trescej pecene 50g (E:1131kj,T:30g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 06421 Polievka hrstkova 0,33L (E:587kj,B:5g,T:5g,S:20g) (Al:1,9,12),
 90294 Syr vyprazany 110g (E:4504kj,T:120g), 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g),
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera..... 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99433 Uhorky ster. DIA (E:26kj,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

***** Streda 03.09.2025 *****

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99542 Dzem mini dia 20g, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99501 Ovocie

Obed..... 03821 Cesnakova pol. s opr. chlebom 0,33L (E:765kj,B:1g,T:10g,S:21g) (Al:1,12),
 90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
 50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera..... 90303 Zemiaky zapekané svaiciarske 350g (E:3035kj,B:22g,T:36g,S:91g) (Al:1,3,7),
 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
 99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

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Obdobie: 01.09.2025 - 07.09.2025

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***** Piatok 05.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 90413 Sulance so struhankou DIA 330g (E:3419kj,B:6g,T:65g,S:56g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

***** Sobota 06.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99433 Uhorky ster. DIA (E:26kj,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. 90452 Krupicova kasa DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),
 99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g)

***** Nedela 07.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99542 Dzem mini dia 20g, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7),
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99118 Salama parizer 50g,
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

* 320 J E D A L N Y L I S T O K *

Obdobie: 01.09.2025 - 07.09.2025

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DIA-S - DIABETICKA STRAVA-SETRIACA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99709 Natierka z nivy (.s.45g) (E:933kj,B:5g,T:22g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),
 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99323 Pagac

Večera..... 90401 Palacinky DIA 350g (E:3331kj,B:20g,T:32g,S:121g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7)

***** Utorok 02.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99705 Natierka z trescej pecene 50g (E:1131kj,T:30g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
 90295 Syr peceny 110g (E:938kj,T:25g), 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g),
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera..... 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99433 Uhorky ster. DIA (E:26kj,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

***** Streda 03.09.2025 *****

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99542 Dzem mini dia 20g, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99501 Ovocie

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
 90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
 50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera..... 90303 Zemiaky zapekané svaiciarske 350g (E:3035kj,B:22g,T:36g,S:91g) (Al:1,3,7),
 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
 63111 Caj pravy 0,25l

Desiata..... 99501 Ovocie

Obed..... 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
 99451 Rajciakovy salat dia 150g (E:281kj,B:1g,T:5g,S:7g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99738 Pernik DIA

Večera..... 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

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Obdobie: 01.09.2025 - 07.09.2025

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***** Piatok 05.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 90413 Sulance so struhankou DIA 330g (E:3419kj,B:6g,T:65g,S:56g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

***** Sobota 06.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata. 99501 Ovocie

Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99433 Uhorky ster. DIA (E:26kj,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. 90452 Krupicova kasa DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),
 99107 Salama sucha 50g 50g (E:992kj,B:11g,T:22g,S:1g)

***** Nedela 07.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99542 Dzem mini dia 20g, 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7),
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g),
 99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g), 99118 Salama parizer 50g,
 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

* 320 J E D A L N Y L I S T O K *

Obdobie: 01.09.2025 - 07.09.2025

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DIA-T - DIABETICKA STRAVA - KAŠOVITA**1 - 1 r.******* Pondelok 01.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)
 Večera. 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Il. večera. 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

***** Utorok 02.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
 90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99611 Jogurt dia (E:200kj,B:3g,S:8g)
 Večera. 90415 Rezance s dzemom DIA 300g (E:1891kj,B:13g,T:5g,S:99g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Il. večera. 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

***** Streda 03.09.2025 *****

Raňajky. 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99542 Dzem mini dia 20g,
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)
 Desiata. 99501 Ovocie
 Obed. 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
 90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
 50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 90281 Mrkvove pyre 300g (E:851kj,B:6g,T:5g,S:44g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Il. večera. 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

***** Stvrtok 04.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Il. večera. 99611 Jogurt dia (E:200kj,B:3g,S:8g)

***** Piatok 05.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
 99303 Chlieb tmavý 1ks 50g (E:639kj,B:5g,T:1g,S:30g),
 90413 Sulance so struhankou DIA 330g (E:3419kj,B:6g,T:65g,S:56g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)
 Večera. 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Il. večera. 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

*** 320 J E D A L N Y L I S T O K ***

Obdobie: 01.09.2025 - 07.09.2025

Str.: 14

***** Sobota 06.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
 Desiata. 99501 Ovocie
 Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 90452 Krupicova kasa DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 II. večera. 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

***** Nedela 07.09.2025 *****

Raňajky. 99304 Chlieb tmavý 2ks 100g (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g,
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)
 Desiata. 99501 Ovocie
 Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7),
 99522 Kompot dia 0,15 (E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)
 Večera. 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 II. večera. 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

*** 320 J E D A L N Y L I S T O K ***

Obdobie: 01.09.2025 - 07.09.2025

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KASOV - KAŠOVITÁ 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. 90258 Rezance s dzemom 300g (E:2196kj,B:13g,T:5g,S:364g) (Al:1,3,12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky. 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99541 Dzem mini (Al:12),
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. 99501 Ovocie

Obed. 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 90281 Mrkvove pyre 300g (E:851kj,B:6g,T:5g,S:44g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99748 Keks Marina 0,1

Večera. 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky. 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
90255 Sulance so struhankou 330g (E:3829kj,B:6g,T:65g,S:76g) (Al:1,3,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera. 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99740 Med mini,
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Schválila:Stravovacia komisia

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PAN-4 - PANKREASOVÁ S OBMEDZENIM TUKU**1 - 1 r.******* Pondelok 01.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99541 Dzem mini (Al:12), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
90203 Bravcove mäso dusene (m.64g) (E:1213kj,B:16g,T:23g,S:4g) (Al:1),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. 90726 Brokolica varena 230g (E:150kj,B:5g,S:8g), 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99718 Trescia pecen 55g 55g (E:142kj,T:4g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera. 90258 Rezance s dzemom 300g (E:2196kj,B:13g,T:5g,S:364g) (Al:1,3,12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99541 Dzem mini (Al:12), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
90106 Morcacie na zelenine (m.64g) (E:639kj,B:21g,T:6g,S:3g) (Al:1,9),
50712 Cestovina priemyselna-kolienka 225g (E:1520kj,B:12g,T:4g,S:71g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 46121 Karotka dusena 180g (E:618kj,B:3g,T:10g,S:18g) (Al:1,7),
49712 Zemiaky varene 330g (E:1334kj,B:8g,T:1g,S:83g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99748 Keks Marina 0,1

Večera. 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99740 Med mini, 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
90255 Sulance so struhankou 330g (E:3829kj,B:6g,T:65g,S:76g) (Al:1,3,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

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Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Sobota 06.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99604 Maslo mini delacreame 40g 40,
99408 Mrkva 30 (E:21kj,S:2g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
66019 Hov.pečienka prírodná 170g(m.62g) (E:965kj,B:22g,T:15g,S:3g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99604 Maslo mini delacreame 40g 40,
99740 Med mini, 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7), 99520 Kompot 150g (Al:12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)

Večera. 99634 Syr v cievku 100g (E:971kj,B:16g,T:18g,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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RAC-2 - RACIONALNA STRAVA**1 - 1 r.******* Pondelok 01.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99709 Natierka z nivy (.s.45g) (E:933kj,B:5g,T:22g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 57712 Palacinky s dzemom 350g (E:3979kj,B:20g,T:32g,S:503g) (Al:1,3,7,12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99705 Natierka z trescej pecene 50g (E:1131kj,T:30g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06421 Polievka hrstkova 0,33L (E:587kj,B:5g,T:5g,S:20g) (Al:1,9,12),
 90294 Syr vyprazany 110g (E:4504kj,T:120g), 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g),
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99346 Kolac pudingovy

Večera..... 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99434 Uhorky ster. (E:71kj) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99541 Dzem mini (Al:12), 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99501 Ovocie

Obed..... 03821 Cesnakova pol. s opr. chlebom 0,33L (E:765kj,B:1g,T:10g,S:21g) (Al:1,12),
 90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
 50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera..... 90303 Zemiaky zapekané svajciarske 350g (E:3035kj,B:22g,T:36g,S:91g) (Al:1,3,7),
 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 55022 Granatiarsky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
 99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
 90255 Sulance so struhankou 330g (E:3829kj,B:6g,T:65g,S:76g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Sobota 06.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)
 Desiata. 99501 Ovocie
 Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)
 Večera. 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7),
 99721 Nutellova natierka 50g (E:783kj,T:21g) (Al:7),
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)
 Desiata. 99501 Ovocie
 Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7), 99520 Kompot 150g (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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SETR - ŠETRIACA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99709 Natierka z nivy (.s.45g) (E:933kj,B:5g,T:22g) (Al:7), 99407 Kalerab 30g (E:105kj,B:3g,S:7g),
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
 25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
 51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 57712 Palacinky s dzemom 350g (E:3979kj,B:20g,T:32g,S:503g) (Al:1,3,7,12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99705 Natierka z trescej pecene 50g (E:1131kj,T:30g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
 90295 Syr peceny 110g (E:938kj,T:25g), 49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g),
 99761 Tatarska omacka (m.0,05g) (E:1607kj,B:1g,T:4g,S:8g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99346 Kolac pudingovy

Večera..... 55012 Rezance s vajcom 300g (E:3063kj,B:27g,T:33g,S:84g) (Al:1,3), 99434 Uhorky ster. (E:71kj) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99541 Dzem mini (Al:12), 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99501 Ovocie

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
 90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
 50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera..... 90303 Zemiaky zapekané svajciarske 350g (E:3035kj,B:22g,T:36g,S:91g) (Al:1,3,7),
 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99408 Mrkva 30 (E:21kj,S:2g),
 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g),
 52513 Rajciakovy salat 150g (E:347kj,B:1g,T:5g,S:11g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 55022 Granatiarsky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99608 Maslo mini 3ks (E:940kj,T:25g) (Al:7),
 99401 Paradajka 0,5 ks (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
 99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
 90255 Sulance so struhankou 330g (E:3829kj,B:6g,T:65g,S:76g) (Al:1,3,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Obdobie: 01.09.2025 - 07.09.2025

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Olovrant. 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1),
 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99640 Syr Lucina (E:1203kj,B:11g,T:27g,S:1g),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Sobota 06.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)
 Desiata. 99501 Ovocie
 Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
 17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)
 Večera. 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7),
 99721 Nutellova natierka 50g (E:783kj,T:21g) (Al:7),
 63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)
 Desiata. 99501 Ovocie
 Obed. 02311 Hov. polievka so struhankou 0,33L(,p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
 24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
 49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7), 99520 Kompot 150g (Al:12),
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
 Olovrant. 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)
 Večera. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1),
 99123 Sunkova pena Matko (E:1044kj,B:5g,T:24g,S:4g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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Obdobie: 01.09.2025 - 07.09.2025

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TEKUT - TEKUTA STRAVA 1 - 1 r.***** Pondelok 01.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05221 Polievka z tekvice 0,33L (E:629kj,B:4g,T:8g,S:14g) (Al:1,7,12),
25814 Bravcove stehno zahradnicke 164g(m.64g) (E:1420kj,B:16g,T:28g,S:5g) (Al:1,9,12),
51012 Halusky - priloha 225g (E:2080kj,B:13g,T:13g,S:84g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 90283 Brokolicove pyre 300g (E:743kj,B:8g,T:5g,S:33g) (Al:7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Utorok 02.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99541 Dzem mini (Al:12),
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05411 Pol. zeleninova so struhankou 0,33L (E:403kj,B:2g,T:5g,S:11g) (Al:9,12),
90001 Kuracie prsia na prirodno 100(m.64g) (E:1267kj,B:32g,T:16g,S:8g) (Al:1),
49711 Zemiaky varene 260g (E:988kj,B:6g,T:1g,S:62g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)

Večera..... 90258 Rezance s dzemom 300g (E:2196kj,B:13g,T:5g,S:364g) (Al:1,3,12),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Streda 03.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99541 Dzem mini (Al:12),
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata..... 99501 Ovocie

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,12),
90109 Morcacie na smotane 350g(m.64g) (E:1510kj,B:26g,T:20g,S:21g) (Al:1,7,9,10,12),
50421 Knedle kysnute 160g (E:2057kj,B:13g,T:15g,S:78g) (Al:1,3,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera..... 90281 Mrkvove pyre 300g (E:851kj,B:6g,T:5g,S:44g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Stvrtok 04.09.2025 *****

Raňajky..... 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 05211 Polievka spenatova 0,33L (E:368kj,B:3g,T:5g,S:8g) (Al:1,7,12),
90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99748 Keks Marina 0,1

Večera..... 55022 Granatiersky pochod 360g (E:2380kj,B:16g,T:16g,S:95g) (Al:1,3),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

***** Piatok 05.09.2025 *****

Raňajky..... 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata..... 99501 Ovocie

Obed..... 06811 Polievka gulasova 0,33L(m.22g) (E:732kj,B:8g,T:9g,S:18g) (Al:1,12),
99301 Chlieb 1ks 50g (E:564kj,T:1g,S:28g) (Al:1),
90255 Sulance so struhankou 330g (E:3829kj,B:6g,T:65g,S:76g) (Al:1,3,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Večera..... 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Obdobie: 01.09.2025 - 07.09.2025

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*** Sobota 06.09.2025 ***

Raňajky. 99302 Chlieb 2ks 100g (E:1128kj,B:1g,T:1g,S:56g) (Al:1), 99740 Med mini,
63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. 99501 Ovocie

Obed. 90733 Polievka portugalska 0,33l (E:545kj,B:2g,T:7g,S:16g) (Al:1,7,9,12),
17714 Hov. maso dusene na koreni 182g(m.62g) (E:1213kj,B:18g,T:21g,S:7g) (Al:1),
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

*** Nedela 07.09.2025 ***

Raňajky. 99320 Vianocka 100g (E:1305kj,B:8g,T:6g,S:58g) (Al:1,3,7), 99740 Med mini,
63411 Kava z kavoviny - biela 0,25l (E:462kj,B:5g,T:2g,S:17g) (Al:7)

Desiata. 99501 Ovocie

Obed. 02311 Hov. polievka so struhankou 0,33L(p.30g) (E:245kj,B:2g,S:13g) (Al:9,12),
24414 Bravcovy rezen na roste 122g(m.65g) (E:1402kj,B:15g,T:29g,S:4g) (Al:1,10,12),
49821 Zemiakova kasa [pyre] 250g (E:1294kj,B:8g,T:7g,S:63g) (Al:7),
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

Stravovacia komisia: Černoková Kubrická Šimovcová Kaštilová