

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 1

**BEZML - ŠETRIACA BEZ MLIEČNA****1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99604 Maslo mini delacreame 20g, 99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04911 Polievka rajciakova 0,33L (E:866kj,B:3g,T:6g,S:35g) (Al:1,12), 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12), 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 52913 Salat z cinskej kapusty 150g (E:350kj,B:2g,T:6g,S:7g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 90480 Omeleta bez mlieka 85g (E:1050kj,B:13g,T:22g,S:1g) (Al:3), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99604 Maslo mini delacreame 20g, 99401 Paradajka (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 99434 Uhorky ster. (E:71kj) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 99682 Chlieb vo vajicku (E:3901kj,B:13g,T:71g,S:53g) (Al:1,3), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99604 Maslo mini delacreame 20g, 99408 Mrkva 30 (E:21kj,S:2g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 042215 Polievka karfiolova bez mlieka 0,33l (E:458kj,B:4g,T:3g,S:20g) (Al:1,3,12), 90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9), 90301 Cestovina priemyselna-vretena 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 462115 Karotka s hraskom bez mlieka 180g (E:555kj,B:4g,T:5g,S:19g) (Al:1,7,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99604 Maslo mini delacreame 20g, 99740 Med mini, 63113 Caj pravy s citronom 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 15514 Hov. rostenka so sunkou a vaj. 195g(m.85g) (E:1449kj,B:29g,T:24g,S:4g) (Al:1,3,7,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99335 Croissant cokoladovy

Večera. . . . . 472125 Karfiol zapekany bez mlieka 280g (E:710kj,B:8g,T:11g,S:15g) (Al:1,3), 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 09.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99604 Maslo mini delacreame 20g, 99680 Vaice (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 648225 Polievka rascova bez mlieka 0,33l (E:277kj,B:2g,S:16g) (Al:1), 256145 Bravcove stehno brat. bezml. 214g(m.64g) (E:1403kj,B:17g,T:25g,S:10g) (Al:1,7,9,12), 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 2

Olovrant. .... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)  
Večera. .... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj)  
..... (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99604 Maslo mini delacreame 20g, 99408  
Mrkva 30 (E:21kj,S:2g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)  
Obed. .... 650225 Polievka zemiak. II bez mlieka 0,33l (E:332kj,B:2g,S:21g) (Al:12), 90103 Morcacie prsia na  
rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99436 Cvikla 150g  
(E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
Olovrant. .... 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)  
Večera. .... 388125 Omeleta s hraskom bez mlieka 90g (E:1152kj,B:15g,T:22g,S:4g) (Al:3,12), 99450 Kecup 40g  
..... (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
Obed. .... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska  
290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 99436 Cvikla 150g (E:264kj,B:1g,T:1g,S:12g)  
(Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  
Večera. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99124 Sunkovy narez, 63100 Voda so  
sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 3

**D-STA - DIABETICKA STRAVA -BEZ MLIEČNA****1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 20g, 99407 Kalerab 30g (E:105kj,B:3g,S:7g), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04911 Polievka rajciakova 0,33L (E:866kj,B:3g,T:6g,S:35g) (Al:1,12), 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12), 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99445 Salat z cinskej kapusty DIA 150g (E:300kj,B:1g,T:6g,S:5g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 90480 Omeleta bez mlieka 85g (E:1050kj,B:13g,T:22g,S:1g) (Al:3), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99604 Maslo mini delacreame 20g

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 20g, 99401 Paradajka (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 99684 Chlieb vo vajicku tmavy (E:4137kj,B:22g,T:72g,S:61g) (Al:3), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 99604 Maslo mini delacreame 20g

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99604 Maslo mini delacreame 20g, 99408 Mrkva 30 (E:21kj,S:2g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 042215 Polievka karfiolova bez mlieka 0,33l (E:458kj,B:4g,T:3g,S:20g) (Al:1,3,12), 90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9), 90301 Cestovina priemyselna-vretena 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 462115 Karotka s hraskom bez mlieka 180g (E:555kj,B:4g,T:5g,S:19g) (Al:1,7,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 99115 Pecenovny syr 50g 50g (E:53kj,B:7g,T:11g,S:2g) (Al:1,3)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 20g, 99542 Dzem mini dia 20g, 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 15514 Hov. rostenka so sunkou a vaj. 195g(m.85g) (E:1449kj,B:29g,T:24g,S:4g) (Al:1,3,7,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 472125 Karfiol zapekany bez mlieka 280g (E:710kj,B:8g,T:11g,S:15g) (Al:1,3), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1), 99604 Maslo mini delacreame 20g

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 4

## \*\*\* Piatok 09.09.2022 \*\*\*

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99604 Maslo mini delacreame 20g, 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63111 Caj pravy 0,25l

Desiata..... 99510 Nektarinka

Obed..... 05011 Polievka rascova s vajcom 0,33L (E:553kj,B:3g,T:6g,S:18g) (Al:1,3,7,12), 256145 Bravcove stehno brat. bezml. 214g(m.64g) (E:1403kj,B:17g,T:25g,S:10g) (Al:1,7,9,12), 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera..... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99604 Maslo mini delacreame 20g

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 20g, 99408 Mrkva 30 (E:21kj,S:2g), 63111 Caj pravy 0,25l

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 650225 Polievka zemiak. II bez mlieka 0,33l (E:332kj,B:2g,S:21g) (Al:12), 90103 Morcacie prsia na rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1), 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera..... 388125 Omeleta s hraskom bez mlieka 90g (E:1152kj,B:15g,T:22g,S:4g) (Al:3,12), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99604 Maslo mini delacreame 20g

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99604 Maslo mini delacreame 20g, 99542 Dzem mini dia 20g, 63111 Caj pravy 0,25l

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska 290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12), 49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99124 Sunkovy narez, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99604 Maslo mini delacreame 20g

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 5

**DIA-9 - DIABETICKA STRAVA****1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99709 Natierka z nivy (,s.45g)  
(E:933kj,B:5g,T:22g) (Al:7), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04921 Polievka rajciakova so syrom 0,33L (E:1055kj,B:9g,T:9g,S:35g) (Al:1,7,12), 90013 Kuracie  
prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99445 Salat z cinskej kapusty  
DIA 150g (E:300kj,B:1g,T:6g,S:5g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Paqac

Večera. . . . . 90401 Palacinky DIA 350g (E:3331kj,B:20g,T:32g,S:121g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g)  
(Al:7), 99401 Paradajka (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na  
prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12),  
90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99762 Syrová omacka  
(,s.100g) (E:908kj,B:6g,T:18g,S:7g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 99684 Chlieb vo vajicku tmavy (E:4137kj,B:22g,T:72g,S:61g) (Al:3), 99450 Kecup 40g  
(E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:  
1g) (Al:1,3), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7), 99402 Paprika (E:30kj,S:2g),  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04221 Polievka karfiolova 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 23124 Br.stehno pecene po  
sedliacky 164g(m.64g) (E:837kj,B:16g,T:13g,S:5g) (Al:1),  
50422 Knedle kysnute 200g (E:2378kj,B:15g,T:15g,S:94g) (Al:1,3,7), 46321 Kapusta kysla dusena 200g  
(E:778kj,B:4g,T:12g,S:18g) (Al:1,7,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99602  
Maslo mini (E:313kj,T:8g) (Al:7)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99112 Tlacenka hydinova 80g 80g  
(E:444kj,B:13g,T:6g), 99560 Cibula (E:19kj,S:1g), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 15514 Hov.  
rostenka so sunkou a vaj. 195g(m.85g) (E:1449kj,B:29g,T:24g,S:4g) (Al:1,3,7,12),  
49912 Zemiaky opekane 180g (E:1755kj,B:7g,T:15g,S:75g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Paqac

Večera. . . . . 47212 Karfiol zapekany 280g (E:1088kj,B:11g,T:18g,S:17g) (Al:1,3,7), 99433 Uhorky ster. DIA  
(E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1), 99609 Maslo mini 2ks (E:626kj,T:17g)  
(Al:7)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

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## \*\*\* Piatok 09.09.2022 \*\*\*

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99706 Cesnaková natierka 50g (E:942kj,B:5g,T:22g,S:2g) (Al:7), 63111 Caj pravy 0,25l

Desiata..... 99510 Nektarinka

Obed..... 06711 Polievka drzkova 0,33L(m.32g) (E:675kj,B:10g,T:10g,S:9g) (Al:1,7,12), 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g),  
25614 Bravcove stehno bratislavske 214g(m.64g) (E:1557kj,B:19g,T:27g,S:13g) (Al:1,7,9,12), 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera..... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g),  
99602 Maslo mini (E:313kj,T:8g) (Al:7)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (Al:7,12), 90103 Morcacie prsia na rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera..... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
99542 Dzem mini dia 20g, 63522 Mlieko 0,25l (E:485kj,B:8g,T:4g,S:12g) (Al:7)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska 290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12),  
90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99435 Calamada 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99124 Sunkovy narez, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

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**DIA-S - DIABETICKA STRAVA-SETRIACA 1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99709 Natierka z nivy (,s.45g)  
(E:933kj,B:5g,T:22g) (Al:7), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04921 Polievka rajciakova so syrom 0,33L (E:1055kj,B:9g,T:9g,S:35g) (Al:1,7,12), 90013 Kuracie  
prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99445 Salat z cinskej kapusty  
DIA 150g (E:300kj,B:1g,T:6g,S:5g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Paqac

Večera. . . . . 90401 Palacinky DIA 350g (E:3331kj,B:20g,T:32g,S:121g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g)  
(Al:7), 99401 Paradajka (E:42kj,B:1g,S:3g), 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na  
prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12),  
90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99762 Syrová omacka  
(,s.100g) (E:908kj,B:6g,T:18g,S:7g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 90725 Cuketa s vajcom 300g  
(E:1398kj,B:16g,T:33g,S:7g) (Al:3,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99106 Salama makka 50g 50g (E:405kj,B:4g,T:9g,S:  
1g) (Al:1,3), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7), 99408 Mrkva 30 (E:21kj,S:2g),  
63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04221 Polievka karfiolova 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 90204 Bravcove maso na  
zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
90301 Cestovina priemyselna-vretena 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99316 Dalamanka celozrnna, 99631 Syr tvrdy light 50g 50g (E:718kj,B:13g,T:13g,S:1g) (Al:7), 99602  
Maslo mini (E:313kj,T:8g) (Al:7)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
99542 Dzem mini dia 20g, 63111 Caj pravy 0,25l

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 66019 Hov.pečienka  
prirodna 170g(m.62g) (E:965kj,B:22g,T:15g,S:3g) (Al:1),  
49822 Zemiakova kasa [pyre] 210g (E:1357kj,B:8g,T:10g,S:61g) (Al:7), 99522 Kompot dia 0,15  
(E:179kj,B:1g,T:2g,S:5g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Paqac

Večera. . . . . 47212 Karfiol zapekany 280g (E:1088kj,B:11g,T:18g,S:17g) (Al:1,3,7), 99433 Uhorky ster. DIA  
(E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Il. večera. . . . . 99312 Pecivo graham 1 ks (E:715kj,B:5g,T:1g,S:33g) (Al:1), 99609 Maslo mini 2ks (E:626kj,T:17g)  
(Al:7)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

Str.: 8

## \*\*\* Piatok 09.09.2022 \*\*\*

Raňajky..... 99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7), 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63111 Caj pravy 0,25l

Desiata..... 99510 Nektarinka

Obed..... 64822 Polievka rascová 0,33l (E:434kj,B:2g,T:4g,S:16g) (Al:1,7), 25614 Bravcove stehno bratislavske 214g(m.64g) (E:1557kj,B:19g,T:27g,S:13g) (Al:1,7,9,12), 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)

Večera..... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99108 Sunka 50g 50g (E:185kj,B:6g,T:1g,S:2g), 99602 Maslo mini (E:313kj,T:8g) (Al:7)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99702 Mrkvova natierka 55g (E:1110kj,T:29g,S:1g) (Al:7), 63111 Caj pravy 0,25l

Desiata..... 99502 Banan (E:476kj,B:2g,S:25g)

Obed..... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (Al:7,12), 90103 Morcacie prsia na rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1), 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99433 Uhorky ster. DIA (E:26kj,S:1g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera..... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12), 99450 Kecup 40g (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7), 99542 Dzem mini dia 20g, 63522 Mlieko 0,25l (E:485kj,B:8g,T:4g,S:12g) (Al:7)

Desiata..... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed..... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska 290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12), 90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99439 Cvikla DIA (E:197kj,B:1g,S:10g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant..... 99744 Keks dia (E:2267kj,B:11g,T:34g,S:46g)

Večera..... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99124 Sunkovy narez, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

II. večera..... 99303 Chlieb tmavý 1ks (E:688kj,B:5g,T:1g,S:32g), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g) (Al:7)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

**DIA-T - DIABETICKA STRAVA - TEKUTÁ 1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. ....	99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
Desiata. ....	99506 Jablko (E:322kj,B:1g,T:1g,S:24g)
Obed. ....	04911 Polievka rajciaková 0,33L (E:866kj,B:3g,T:6g,S:35g) (Al:1,12), 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12), 51112 Cestovinová ryža 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99611 Jogurt dia (E:200kj,B:3g,S:8g)
Večera. ....	90453 Ryzová kása DIA 350g (E:2700kj,B:18g,T:25g,S:90g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Il. večera. ....	99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. ....	99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
Desiata. ....	99506 Jablko (E:322kj,B:1g,T:1g,S:24g)
Obed. ....	90740 Polievka z hlivy ušticovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12), 90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99551 Detská výživa dia (E:1670kj,B:4g,T:3g,S:117g)
Večera. ....	90452 Krupicová kása DIA 350g (E:2539kj,B:22g,T:26g,S:73g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Il. večera. ....	63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. ....	99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63421 Čierna káva z kavoviny 0,25l (E:333kj,B:1g,S:17g)
Desiata. ....	99506 Jablko (E:322kj,B:1g,T:1g,S:24g)
Obed. ....	04221 Polievka karfiolová 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 90204 Bravcové mäso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9), 90301 Cestovina priemyselna-vretená 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99621 Smotana pochutková (E:1512kj,B:6g,T:32g,S:8g)
Večera. ....	90451 Puding s piskotami DIA 320g (E:1492kj,B:12g,T:6g,S:68g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Il. večera. ....	63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Štvrtok 08.09.2022 \*\*\***

Raňajky. ....	99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
Desiata. ....	99506 Jablko (E:322kj,B:1g,T:1g,S:24g)
Obed. ....	05411 Pol. zeleninová so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 66019 Hov. pečienka prírodná 170g(m.62g) (E:965kj,B:22g,T:15g,S:3g) (Al:1), 49822 Zemiaková kása [pyre] 210g (E:1357kj,B:8g,T:10g,S:61g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Olovrant. ....	99611 Jogurt dia (E:200kj,B:3g,S:8g)
Večera. ....	90282 Karfiolové pyre 300g (E:716kj,B:7g,T:5g,S:32g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)
Il. večera. ....	63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

**\*\*\* Piatok 09.09.2022 \*\*\***

Raňajky. ....	99313 Pecivo graham 2 ks (E:1429kj,B:10g,T:3g,S:65g) (Al:1), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l
Desiata. ....	99510 Nektarinka
Obed. ....	64822 Polievka rascová 0,33l (E:434kj,B:2g,T:4g,S:16g) (Al:1,7), 25614 Bravcové stehno bratislavské 214g(m.64g) (E:1557kj,B:19g,T:27g,S:13g) (Al:1,7,9,12), 51212 Ryža dusená 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g)

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

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(AI:12)

Olovrant. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera. .... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (AI:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (AI:12)

II. večera. .... 63521 Mlieko 0,25l 0,25l (E:1940kj,B:34g,T:15g,S:49g)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63111 Caj pravý 0,25l

Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)

Obed. .... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (AI:7,12), 90103 Morcacie prsia na  
rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (AI:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (AI:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (AI:12)

Olovrant. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

Večera. .... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (AI:3,7,12), 63100 Voda so sirupom  
(E:337kj,S:20g) (AI:12)

II. večera. .... 99611 Jogurt dia (E:200kj,B:3g,S:8g)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky. .... 99304 Chlieb tmavý 2ks (E:1278kj,B:10g,T:1g,S:60g), 99542 Dzem mini dia 20g, 63522 Mlieko 0,25l  
(E:485kj,B:8g,T:4g,S:12g) (AI:7)

Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. .... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (AI:1,3,9), 90214 Bravcova ciganska  
290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (AI:1,7,12),

49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)

Olovrant. .... 99551 Detska vyziva dia (E:1670kj,B:4g,T:3g,S:117g)

Večera. .... 99555 Detsky prikrm, 63100 Voda so sirupom (E:337kj,S:20g) (AI:12)

II. večera. .... 99621 Smotana pochutkova (E:1512kj,B:6g,T:32g,S:8g)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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**KASOV - ŠETRIACA - KAŠOVITÁ****1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99709 Natierka z nivy (.s.45g)  
(E:933kj,B:5g,T:22g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04921 Polievka rajciakova so syrom 0,33L (E:1055kj,B:9g,T:9g,S:35g) (Al:1,7,12), 90013 Kuracie  
prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 52913 Salat z cinskej kapusty  
150g (E:350kj,B:2g,T:6g,S:7g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 90257 Palacinky s cokoladou 350g (E:3277kj,B:20g,T:32g,S:104g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g)  
(Al:7), 99401 Paradajka (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na  
prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12),  
90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99762 Syrová omacka  
(.s.100g) (E:908kj,B:6g,T:18g,S:7g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 90725 Cuketa s vajcom 300g  
(E:1398kj,B:16g,T:33g,S:7g) (Al:3,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99106 Salama makka 50g 50g  
(E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
99408 Mrkva 30 (E:21kj,S:2g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04221 Polievka karfiolova 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 90204 Bravcove maso na  
zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9),  
90301 Cestovina priemyselna-vretena 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99609 Maslo mini 2ks (E:626kj,T:17g)  
(Al:7), 99740 Med mini, 63113 Caj pravy s citronom 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 66019 Hov.pečienka  
prirodna 170g(m.62g) (E:965kj,B:22g,T:15g,S:3g) (Al:1),  
49822 Zemiakova kasa [pyre] 210g (E:1357kj,B:8g,T:10g,S:61g) (Al:7), 99520 Kompot 150g (Al:12),  
63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99335 Croissant cokoladovy

Večera. . . . . 47212 Karfiol zapekany 280g (E:1088kj,B:11g,T:18g,S:17g) (Al:1,3,7), 99436 Cvikla 150g  
(E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 09.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99609 Maslo mini 2ks (E:626kj,T:17g)  
(Al:7), 99680 Vajce (E:337kj,B:7g,T:6g,S:1g) (Al:3), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 64822 Polievka rascova 0,33l (E:434kj,B:2g,T:4g,S:16g) (Al:1,7), 25614 Bravcove stehno bratislavske  
214g(m.64g) (E:1557kj,B:19g,T:27g,S:13g) (Al:1,7,9,12),  
51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g)

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(Al:12)

Olovrant. .... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)  
 Večera. .... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj)  
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 (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99702 Mrkvova natierka 55g  
 (E:1110kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
 Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. .... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (Al:7,12), 90103 Morcacie prsia na  
 rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99436 Cvikla 150g  
 (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)  
 Večera. .... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12), 99450 Kecup 40g  
 (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)  
 Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. .... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska  
 290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12),  
 90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99436 Cvikla 150g  
 (E:264kj,B:1g,T:1g,S:12g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  
 Večera. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99124 Sunkovy narez, 63100 Voda so  
 sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

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**RAC-2 - RACIONALNA STRAVA****1 - 1 r.****\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99709 Natierka z nivy (.s.45g)  
(E:933kj,B:5g,T:22g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04921 Polievka rajciakova so syrom 0,33L (E:1055kj,B:9g,T:9g,S:35g) (Al:1,7,12), 90013 Kuracie  
prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 52913 Salat z cinskej kapusty  
150g (E:350kj,B:2g,T:6g,S:7g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99323 Pagac

Večera. . . . . 90257 Palacinky s cokoladou 350g (E:3277kj,B:20g,T:32g,S:104g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99630 Syr taveny 35g (E:343kj,B:6g,T:6g)  
(Al:7), 99401 Paradajka (E:42kj,B:1g,S:3g), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na  
prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12),  
90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99762 Syrová omacka  
(.s.100g) (E:908kj,B:6g,T:18g,S:7g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 99682 Chlieb vo vajicku (E:3901kj,B:13g,T:71g,S:53g) (Al:1,3), 99450 Kecup 40g (E:182kj,B:1g,S:10g)  
(Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99106 Salama makka 50g 50g  
(E:405kj,B:4g,T:9g,S:1g) (Al:1,3), 99609 Maslo mini 2ks (E:626kj,T:17g) (Al:7),  
99402 Paprika (E:30kj,S:2g), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04221 Polievka karfiolova 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 23124 Br.stehno pecene po  
sedliacky 164g(m.64g) (E:837kj,B:16g,T:13g,S:5g) (Al:1),  
50422 Knedle kysnute 200g (E:2378kj,B:15g,T:15g,S:94g) (Al:1,3,7), 46321 Kapusta kysla dusena 200g  
(E:778kj,B:4g,T:12g,S:18g) (Al:1,7,12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99314 Croissant cereal (E:918kj,B:4g,T:13g,S:23g)

Večera. . . . . 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99112 Tlacenka hydinova 80g 80g  
(E:444kj,B:13g,T:6g), 99560 Cibula (E:19kj,S:1g), 63113 Caj pravy s citronom 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 15514 Hov.  
rostenka so sunkou a vaj. 195g(m.85g) (E:1449kj,B:29g,T:24g,S:4g) (Al:1,3,7,12),  
49912 Zemiaky opekane 180g (E:1755kj,B:7g,T:15g,S:75g) (Al:7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99335 Croissant cokoladovy

Večera. . . . . 47212 Karfiol zapekany 280g (E:1088kj,B:11g,T:18g,S:17g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj)  
(Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 09.09.2022 \*\*\***

Raňajky. . . . . 99311 Pecivo 2 ks (E:886kj,B:6g,T:1g,S:43g) (Al:1), 99706 Cesnaková natierka 50g  
(E:942kj,B:5g,T:22g,S:2g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 06711 Polievka drzkova 0,33L(m.32g) (E:675kj,B:10g,T:10g,S:9g) (Al:1,7,12), 99301 Chlieb 1 ks 50g  
(E:608kj,T:1g,S:30g) (Al:1),  
58511 Buchty domace plnene lekvarom 300g (E:4877kj,B:20g,T:40g,S:181g) (Al:1,3,7,12), 63100 Voda so

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sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99316 Dalamanka celozrnna, 99121 Pasteta 48g 48g (E:1386kj,B:14g,T:31g,S:1g)  
 Večera. .... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj)  
 (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Sobota 10.09.2022 \*\*\*

Raňajky. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99702 Mrkvova natierka 55g  
 (E:1110kj,T:29g,S:1g) (Al:7), 63112 Caj ovocny 0,25l (E:403kj,S:21g)  
 Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)  
 Obed. .... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (Al:7,12), 90103 Morcacie prsia na  
 rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1),  
 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 99434 Uhorky ster. (E:71kj)  
 (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)  
 Večera. .... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12), 99450 Kecup 40g  
 (E:182kj,B:1g,S:10g) (Al:12), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

## \*\*\* Nedela 11.09.2022 \*\*\*

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)  
 Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
 Obed. .... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska  
 290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12),  
 90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 99435 Calamada 150g (Al:12),  
 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
 Olovrant. .... 99742 Keks (E:746kj,B:2g,T:11g,S:19g) (Al:1,3,5,7,8,12)  
 Večera. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99124 Sunkovy narez, 63100 Voda so  
 sirupom (E:337kj,S:20g) (Al:12)

Vyhotovil:Kaštilová

Schválila:Stravovacia komisia

## \* 320 J E D A L N Y L I S T O K \*

Obdobie: 05.09.2022 - 11.09.2022

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**TEKUT - TEKUTA STRAVA** 1 - 1 r.**\*\*\* Pondelok 05.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99541 Dzem mini (Al:12), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04921 Polievka rajciakova so syrom 0,33L (E:1055kj,B:9g,T:9g,S:35g) (Al:1,7,12), 90013 Kuracie prsia na sampionoch 120g(m.64g) (E:1144kj,B:32g,T:13g,S:7g) (Al:1,12), 51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99739 Piskoty dlhe

Večera. . . . . 55822 Ryzova kasa 350g (E:3075kj,B:18g,T:25g,S:108g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Utorok 06.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99740 Med mini, 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 90740 Polievka z hlivy ustricovej 330ml (E:217kj,B:1g,T:4g,S:4g) (Al:9,12), 90100 Morcacie prsia na prirodno (m.64g) (E:990kj,B:22g,T:14g,S:6g) (Al:1,10,12), 90302 Zemiaky varene s vnatkou 330g (E:1289kj,B:6g,T:9g,S:61g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 55812 Krupicova kasa 350g (E:2828kj,B:22g,T:26g,S:88g) (Al:1,7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Streda 07.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99541 Dzem mini (Al:12), 63421 Cierna kava z kavoviny 0,25l (E:333kj,B:1g,S:17g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 04221 Polievka karfiolova 0,33L (E:547kj,B:5g,T:4g,S:21g) (Al:1,3,7,12), 90204 Bravcove maso na zelenine (m.64g) (E:919kj,B:15g,T:16g,S:3g) (Al:1,9), 90301 Cestovina priemyselna-vretena 225g (E:113kj,T:3g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99615 Termix (E:615kj,B:4g,T:4g,S:8g)

Večera. . . . . 90455 Puding s piskotami 320g (E:2014kj,B:13g,T:6g,S:93g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Stvrtok 08.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99740 Med mini, 63113 Caj pravy s citronom 0,25l (E:403kj,S:21g)

Desiata. . . . . 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)

Obed. . . . . 05411 Pol. zeleninova so struhankou 0,33L (E:402kj,B:2g,T:5g,S:11g) (Al:7,9,12), 66019 Hov.pečienka prírodná 170g(m.62g) (E:965kj,B:22g,T:15g,S:3g) (Al:1), 49822 Zemiakova kasa [pyre] 210g (E:1357kj,B:8g,T:10g,S:61g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

Olovrant. . . . . 99550 Detska vyziva (E:3070kj,B:4g,T:2g,S:180g)

Večera. . . . . 90282 Karfiolove pyre 300g (E:716kj,B:7g,T:5g,S:32g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\*\*\* Piatok 09.09.2022 \*\*\***

Raňajky. . . . . 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99541 Dzem mini (Al:12), 63112 Caj ovocny 0,25l (E:403kj,S:21g)

Desiata. . . . . 99510 Nektarinka

Obed. . . . . 64822 Polievka rascová 0,33l (E:434kj,B:2g,T:4g,S:16g) (Al:1,7), 25614 Bravcove stehno bratislavske 214g(m.64g) (E:1557kj,B:19g,T:27g,S:13g) (Al:1,7,9,12), 51212 Ryza dusena 190g (E:1633kj,B:7g,T:7g,S:76g) (Al:7), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

**\* 320 J E D A L N Y L I S T O K \***

Obdobie: 05.09.2022 - 11.09.2022

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Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)  
Večera. .... 55022 Granatiersky pochod 360g (E:2300kj,B:16g,T:16g,S:90g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

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**\*\*\* Sobota 10.09.2022 \*\*\***

Raňajky. .... 99302 Chlieb 2 ks 100g (E:1215kj,B:1g,T:1g,S:60g) (Al:1), 99541 Dzem mini (Al:12), 63112 Caj ovocny  
0,25l (E:403kj,S:21g)  
Desiata. .... 99502 Banan (E:476kj,B:2g,S:25g)  
Obed. .... 65022 Polievka zemiaková II 0,33l (E:682kj,B:6g,T:6g,S:25g) (Al:7,12), 90103 Morcacie prsia na  
rasci (m.64g) (E:1012kj,B:21g,T:15g,S:5g) (Al:1),  
51112 Cestovinova ryza 190g (E:1595kj,B:11g,T:8g,S:68g) (Al:1,3,7), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)  
Olovrant. .... 99610 Jogurt (E:253kj,B:4g,T:2g,S:7g) (Al:7)  
Večera. .... 38812 Omeleta s hraskom 90g (E:1172kj,B:15g,T:22g,S:5g) (Al:3,7,12), 63100 Voda so sirupom  
(E:337kj,S:20g) (Al:12)

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**\*\*\* Nedela 11.09.2022 \*\*\***

Raňajky. .... 99324 Babovka 100g (E:1194kj,B:6g,T:7g,S:50g), 99617 Granko 0,25l (E:720kj,B:9g,T:4g,S:24g) (Al:7)  
Desiata. .... 99506 Jablko (E:322kj,B:1g,T:1g,S:24g)  
Obed. .... 65223 Slepacia polievka 0,33l (E:754kj,B:12g,T:9g,S:14g) (Al:1,3,9), 90214 Bravcova ciganska  
290g(m.63g) (E:2098kj,B:19g,T:32g,S:39g) (Al:1,7,12),  
49712 Zemiaky varene 330g (E:964kj,B:6g,T:1g,S:60g), 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)  
Olovrant. .... 99748 Keks Marina 0,1  
Večera. .... 99624 Mliecna ryza, 63100 Voda so sirupom (E:337kj,S:20g) (Al:12)

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Vyhotoval:Kaštilová

Schválila:Stravovacia komisia

Stravovacia komisia: Černoková   
Hejbalová   
Kubrická   
Šimovcová   
Kaštilová